

**PRESS RELEASE****SIVASAGAR'S UTTARA GOGOI SWIMS TO 07 (SEVEN) MEDALS FOR CISF AT 74TH ALL INDIA POLICE AQUATIC CLUSTER, NSG MANESAR**

*From her grandfather's pool in Sivasagar to the national police podium, a butterfly swimmer's steady rise*

**New Delhi, 08 October 2026:** Uttara Gogoi of the Central Industrial Security Force (CISF), a swimmer from **Sivasagar, Assam**, won **07 (seven) medals** at the **74th All India Police Aquatic Cluster 2026-27**, held at NSG Manesar, Haryana, from 01 to 06 October 2026 under the aegis of the All India Police Sports Control Board (AIPSCB). The Aquatic Cluster covered three disciplines, **Swimming, Water Polo and Diving**, along with a **Cross Country Championship**. Teams from State Police and Central Police organisations took part. The closing ceremony was graced by **Shri Brighu Srinivasan, IPS, Director General, National Security Guard (NSG)**, as the Chief Guest, who gave away the trophies and medals to the winners.

Uttara finished the championship with **04 Gold, 01 Silver and 02 Bronze medals**. In individual events she won Gold in the **50m Butterfly, 100m Butterfly and 50m Backstroke**, and Bronze in the 100m and 50m Freestyle. Her individual medals led CISF to **Third Place in Swimming (Women)**. In the team events she won Gold in the **4x50m Mixed Freestyle Relay** and Silver in the 4x50m Mixed Medley Relay. The tally improves on her performance at the previous edition, where she won **06 (six) medals: 02 Gold, 01 Silver and 03 Bronze**. This time she doubled her Gold count and finished with one more medal overall.

**Uttara Gogoi – Event-wise Medal Tally**

| S.No                                                         | Event                 | Category           | Medal  |
|--------------------------------------------------------------|-----------------------|--------------------|--------|
| 01                                                           | 50m Butterfly         | Individual (Women) | Gold   |
| 02                                                           | 100m Butterfly        | Individual (Women) | Gold   |
| 03                                                           | 50m Backstroke        | Individual (Women) | Gold   |
| 04                                                           | 100m Freestyle        | Individual (Women) | Bronze |
| 05                                                           | 50m Freestyle         | Individual (Women) | Bronze |
| 06                                                           | 4x50m Freestyle Relay | Team (Mixed Relay) | Gold   |
| 07                                                           | 4x50m Medley Relay    | Team (Mixed Relay) | Silver |
| <b>Total: 07 Medals (Gold: 04   Silver: 01   Bronze: 02)</b> |                       |                    |        |

Uttara was part of the CISF Aquatic team that finished the championship with **30 medals: 12 Gold, 11 Silver and 7 Bronze**. The CISF Central Aquatic Team competed under the guidance of Coach **Malpeddi Gopi R.** and Assistant Coach **Shaji Kuriakose**.

Uttara comes from a sports-oriented family in Sivasagar, and her parents encouraged her from the start to build a career in sport. She started swimming in 2010 in her grandfather's swimming pool and began competing in 2013. In 2015 she moved to Delhi and trained for around 08 (eight) years at the **Glenmark Aquatic Foundation and Sports Authority of India (SAI) National Centre of Excellence**, followed by a few months at the **Inspire Institute of Sport (IIS), JSW, Ballari**.

Her primary events are the **50m, 100m and 200m Butterfly**. She represented India at the **FISU World University Games 2023 in Chengdu, China**, and is a **two-time National Record holder**. She joined CISF in 2025.

"I chose CISF because of its strong support and encouragement towards sportspersons. I am truly grateful to my coaches and CISF for providing me with the support and opportunities to continue competing and represent the Force," said Uttara Gogoi.

Coach **Malpeddi Gopi R.** said, "Uttara brought an international swimmer's habits into our squad from the first day. Butterfly is her strength, but her Gold in the 50m Backstroke shows how much range she has built. She has settled into the Force quickly, and she is still improving."

CISF congratulates Uttara Gogoi on her achievement and wishes her continued success in the events ahead.

\* \* \* \* \*

**Regards**  
**PRO, CISF**



## সৰ্বভাৰতীয় পুলিচ একুৱাটিক ৪ স্বৰ্ণসহ অসমৰ উত্তৰাৰ ৭ পদক

গুৱাহাটী, ৮ অক্টোবৰ : শিৱসাগৰৰ  
প্ৰতিভাৱান খেলুৱৈ উত্তৰা গগৈয়ে  
সৰ্বভাৰতীয় পুলিচ একুৱাটিক  
চেম্পিয়নশ্বিপত বৃহৎ সাফল্য লাভ  
কৰিছে। হাৰিয়ানাৰ মানেছাৰত অনুষ্ঠিত  
প্ৰতিযোগিতাত চি আই এছ এফত  
কৰ্মৰত উত্তৰাই চাৰিটা স্বৰ্ণসহ মুঠ ৭  
পদক দখল কৰে। ব্যক্তিগত শাখাৰ  
৫০ মিটাৰ বাটাৰফ্লাই, ১০০ মিটাৰ  
বাটাৰফ্লাই আৰু ৫০ মিটাৰ বেকষ্ট্ৰ'কত  
স্বৰ্ণ, ৫০ মিটাৰ আৰু ১০০ মিটাৰ  
ফ্ৰীষ্টাইলত ব্ৰঞ্জৰ পদক দখল কৰে।  
আনহাতে দলগত শাখাত ৪x৫০ মিটাৰ  
ফ্ৰীষ্টাইল ৰীলেত স্বৰ্ণ, ৪x৫০ মিটাৰ  
মেডলিত ৰূপৰ পদক অৰ্জন কৰে।  
উত্তৰাই প্ৰতিনিধিত্ব কৰা চি আই এছ  
এফৰ দলটোৱে সামগ্ৰিকভাৱে ১২ স্বৰ্ণ,  
১১ ৰূপ আৰু ৭ ব্ৰঞ্জসহ মুঠ ৩০ টা

### ENGLISH TRANSLATION — FROM ASSAMESE

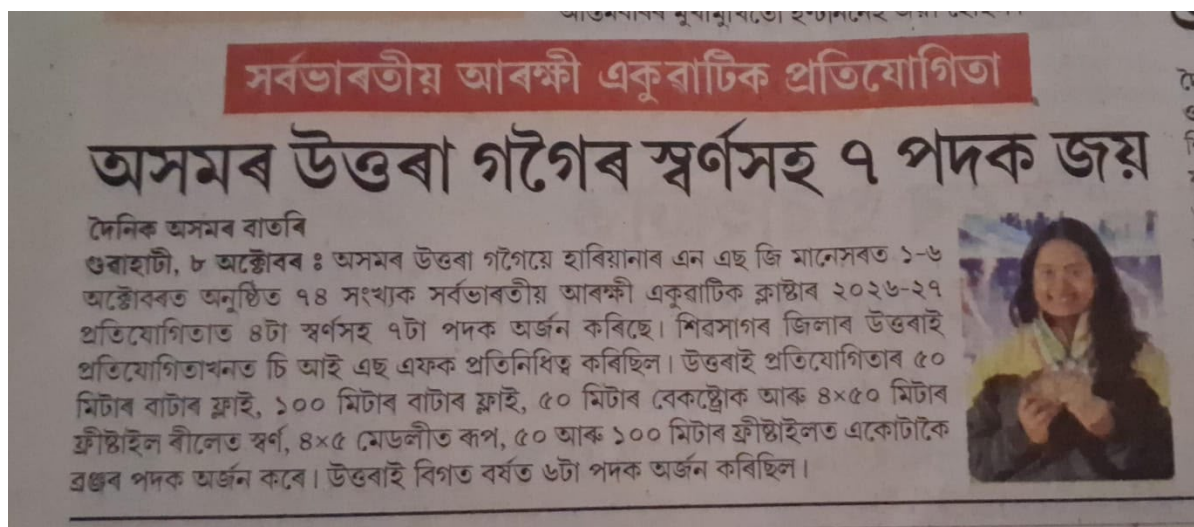
#### All India Police Aquatic: Assam's Uttara wins seven medals including four gold

Guwahati, 8 October: Talented swimmer Uttara Gogoi of Sivasagar has achieved major success at the All India Police Aquatic Championship. At the competition held at Manesar, Haryana, Uttara, who serves in CISF, won seven medals including four gold.

In the individual events, she won gold in the 50m butterfly, 100m butterfly and 50m backstroke, and bronze in the 50m and 100m freestyle. In the team events, she won gold in the 4x50m freestyle relay and silver in the 4x50m medley relay. The CISF team that Uttara represented won a total of 30 medals, comprising 12 gold, 11 silver and 7 bronze. (Clipping ends here.)

# DAINIK ASOMAR BATORI

Guwahati, 09 October 2026



## ENGLISH TRANSLATION — FROM ASSAMESE

### All India Police Aquatic Competition — Assam's Uttara Gogoi wins seven medals including gold

Guwahati, 8 October: Uttara Gogoi of Assam has won seven medals, including four gold, at the 74th All India Police Aquatic Cluster 2026-27 held at NSG Manesar, Haryana, from 1 to 6 October. Uttara, from Sivasagar district, represented CISF in the competition.

She won gold in the 50m butterfly, 100m butterfly, 50m backstroke and 4x50m freestyle relay, silver in the 4x50m medley relay, and bronze in the 50m and 100m freestyle. Uttara had won six medals at last year's edition.